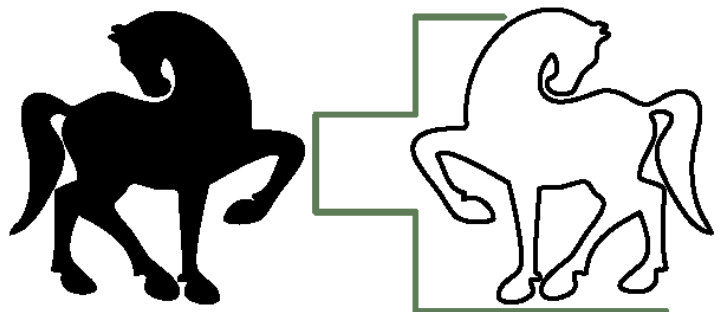


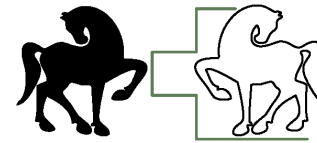


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Welcome!





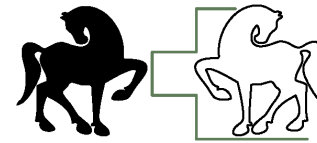
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„We‘re stepping forward“

Ein Vergleich im englischen Sprachraum



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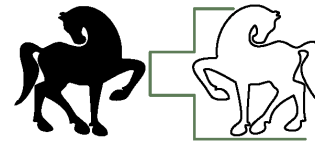
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Bezeichnungen



- American Hippotherapy Association (AHA)
- Canadian Therapeutic Riding Association (canTRA)
- Riding for the Disabled Australia (RDA)
- New Zealand Riding for the Disabled (NZRDA)
- Equine Assisted Therapy Association of South Africa (EATASA)
- Riding for the Disabled Association (RDA)

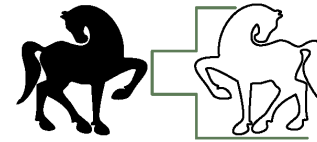


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Definition Hippotherapy AHA, Inc.

- Hippotherapy is the utilization of the horse for therapeutic purposes
- Hippotherapy is a **rehabilitation strategy** using a mobile and live instrument called 'horse.'
- The horse possesses motor and emotional, neuro-sensitive stimulation qualities never equaled by a machine.
- The horse offers 110 multidimensional movements by impulsion every minute.
- Hippotherapy is a **specialization reserved to rehabilitation specialists:** physiotherapists, occupational therapists and speech language pathologist trained in this field.
- In hippotherapy, the rider does not influence the horse but rather the movement of the horse stimulates postural and muscular reactions on the rider.
- The rider will take different positions on the horse to stimulate affected muscle groups.
- Objectives are not essentially motor; they can be of all types (cognitive, behavioural, etc.) depending on the initial evaluation prepared by the therapist (OT, PT, Speech-Language Pathologist) with the help of the rider's medical team.



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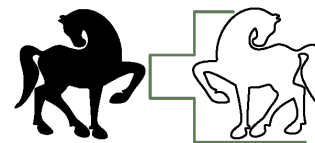


Hippotherapie

≠

therapeutisches Reiten



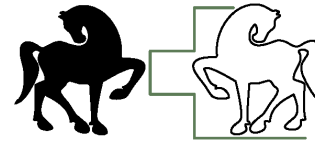


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Don't use the words:

- Classic Hippotherapy
- Hippotherapist
- Rider
- Using the horse
- Therapy

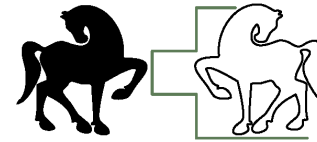


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Geschichte

- 1987: “a group of 18 Canadian and American therapists left for Germany to learn the basics of hippotherapy”
- 1992 AHA gegründet
- AHA mit Canada zusammenarbeitend



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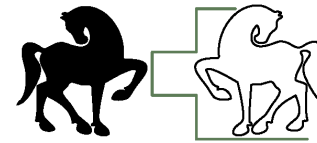
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Durchführung

- PT, ET,
Logopädinnen
- Halle
- Führende
- Helm, Sattel
- Kinder > Erwachsene
- Pferd im Schritt

Indikation

- Menschen mit
zentralneurologischen
Diagnosen
- Sensomotorische Ziele
(PT, ET)
- Sprachtherap. Ziele
(Logo)
- Verhaltenstherap.
Ziele (ET)



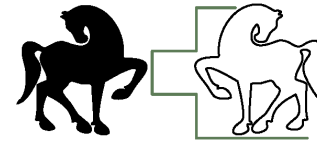
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Kosten

- Von Privaten übernommen
- Meist Mitgliedschaft (Pat. und PT)
- Mehrere Berufsgruppen



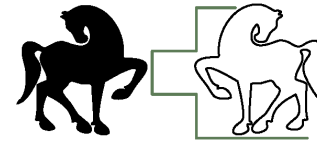
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Pferde

- Stockmass 110 - 160cm
- Alter: 8 - 18
- Breite und schmale Pferde erwünscht
- Passend, “gesittet”, erfahren, mildes Temperament, trainiert
- Pferdegeburtstag: 1. August



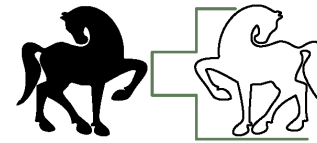


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Ausbildung I

- Voraussetzung: bestandener online Test in hippologischen Fähigkeiten.
Mitgliedschaft bei AHA
- LEVEL I:
 - ↪ 1. Tg: Hippologie
 - ↪ 2.-4 Tg: Pferd und Mensch

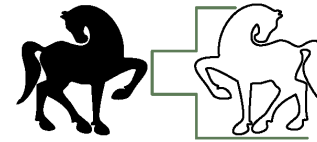


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Ausbildung II

- Voraussetzungen:
 - Bestandenes Level I
 - Mind. 2 Jahre Berufserfahrung
- LEVEL II:
 - ↪ 2 Tg: Pferdebewegung, -Training, usw.
 - ↪ 2 Tg: Prinzipien und Wirkungsweisen HAT, Clinical reasoning, motor learning, Assessments, Praxis

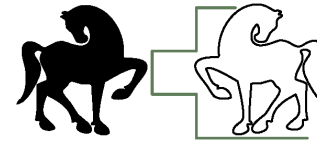


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Zusatztage

- The horse connection (2 ½)
- The core connection
- The neuro connection (1 ½)
- The community connection (1)
- The sensory connection (2)
- Muscles in motion (1)

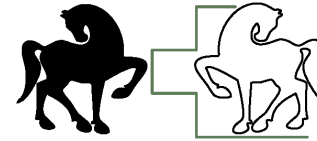
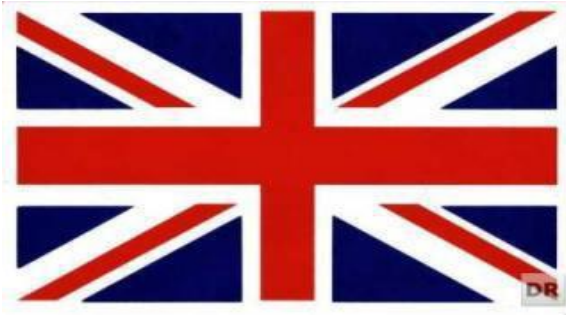


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Ausbildung

- In Anlehnung an AHA: Kursdauer 3 Tg
- Speziell: Pferdeführende nehmen parallel zu Therapeuten an Kursen teil
- Pferdeführende: Level I und II

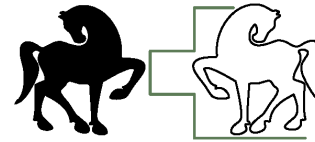


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England

- Hauptsächlich: therapeutisches Reiten, Voltigieren, Pferdewagen lenken
- “We are regularly asked about hippotherapy which, in the UK, describes physiotherapy delivered via a horse by a specially trained Chartered Physiotherapist.”
- Hippotherapeuten sind selten und wenige Stellen bieten HT an

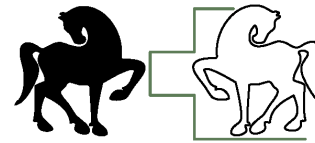


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South Africa

- “HIPPO THERAPY PUTS THE FUN INTO THERAPY.”
- “Hippotherapy is recognised as one of the more progressive forms of therapy.”
- Always aimed at achieving functional outcomes.
- 4 Therapiestellen in Südafrika



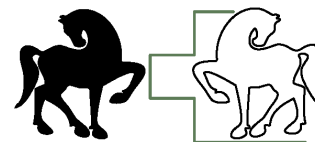
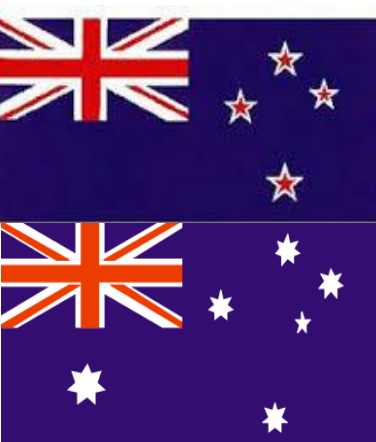
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Ähnlichkeiten

- Berufsgruppe: PT
- Zielsetzungen: funktionell, Rumpf, Gleichgewicht, Koordination
- Durchführung (Pferd mit kleinem Stockmass, Helfende, Rampe/Leiter)
- Ausbildung
 - einheitlich (AHA)
 - aufwändig, versch. Niveaus
 - Pferdeführende inkl.

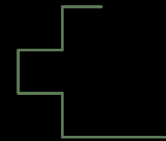


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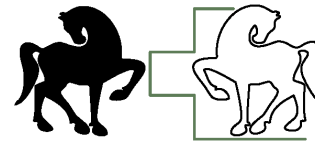
Unterschiede

- Berufsgruppen: ET, Logo
- Andere Zielsetzungen (z.B. Psychologie, Sozial, Sprache, Emotionen, Erholung,...)
- Durchführung häufig Halle
- Vermehrt Kinder
- Erw. (MS) selten
- Versch. Bewegungen auf Pferd



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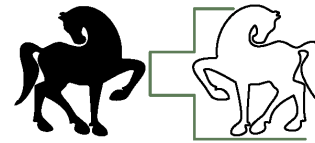


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Ippoterapia

- Ippocrate di Coo 460-370 a.C.
- 1965 in Francia (Lubersac e Lalleri)
- Dr. Danièle Nicolas Citterio
- 1977 ⇒ fondazione ANIRE (Associazione Nazionale Italiana per la Riabilitazione Equestre)

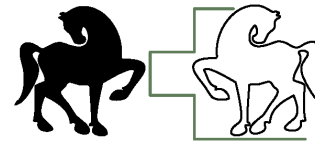


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Livelli d'equitazione

1. Terapia per disabili
2. Rieducazione tramite l'equitazione
3. Pre-Sport
4. Sport

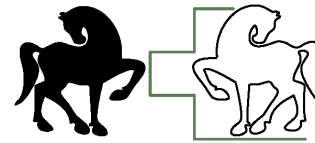


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Effettuazione

- Maneggio al coperto, all'aperto
- Cavallo addestrato
- Stare seduto in sella
- Dirigere il cavallo

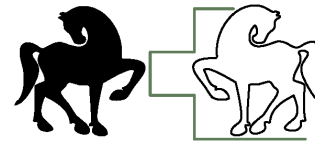


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Effettuazione

- 45 minuti
- Prescritto: dal Fisiatra o dal Neuropsicologo infantile
- Bambini (adulti)
- Aiuto di un ausiliare



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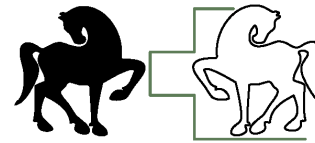
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Ippoterapia M.R.G.C.

metodo di Riabilitazione Globale a mezzo del Cavallo

Interazione tra:

- terapeuta - soggetto
- ambiente sanitario - educativo
- ambiente familiare - sociale

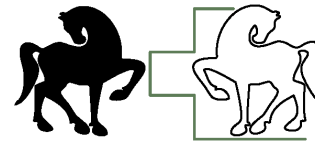


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Diagnosi M.R.G.C.

- Motorie, neuromotorie
- Psicomotorie, psicointellettive
- Comportamentali, relazionali
- Sensoriali per una migliore motilità esplorativa

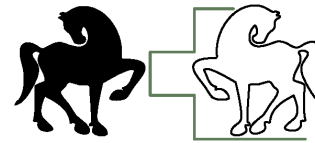


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Effetti M.R.G.C.

- costruzione e ricostruzione di schemi sensorimotori ...
- attraverso la combinazione e ripetizione di stimoli adeguati ...
- nel rispetto della progressione delle funzioni motorie secondo le tappe dello sviluppo

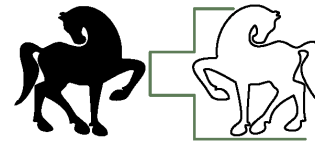


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Corsi di formazione

- Per medici, psicologi
- Per fisioterapisti, terapeuti riabilitazione
- Area psicointellettiva
- Area educativa, ludico-sportiva
- Per Ausiliari (corso avanzato)
- Specializzato MRGC



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Corsi per fisio - terapeuti

- 120 ore
- Motoria, neuromotoria, psicomotoria
- Fisioterapisti, terapeuti occupazionali,
Tecnici della riabilitazione psichiatrica,
infermieri
- Preparazione: 20 ore equitazione

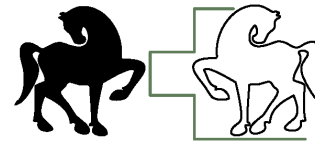


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Corso per ausiliari

- Tempo
 - 130 ore (80 teoria, 50 pratica)
- Cosa
 - Motoria, neuromotoria, psicomotoria
- Chi
 - Diploma delle medie inferiori
- Preparazione
 - brevetto equestri, esperienze pluriennali

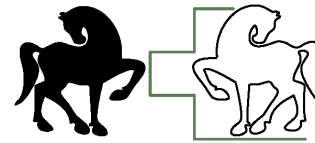


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Similarità

- Anche per fisioterapisti
- Effetti funzionali, reabilitativi
- Effettuazione: cavallo, ausiliari, all'aperto
- ANIRE valore nazionale

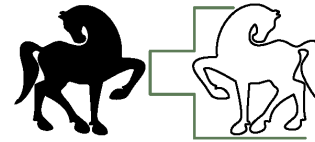


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Differenze

- Medici, Ergoterapisti, Psicologi, infermieri
- Formazione su vari livelli per vari professionisti
- Ippoterapia con scopi psicologici e educativi
- Preparazione per ausiliari: brevetti



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Quellen

- www.americanhippotherapyassociation.org
- www.cantra.ca
- www.eatasa.com
- www.rda.org.au
- www.rda.org.nz
- www.rda.org.uk